Rogue Community College

Curricular Career Service
Model and Curriculum

Created with Title III Grant funds
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Introduction

National Career Development Guidelines Introduced
Cognitive Information Processing (CIP) within Career Services Introduced

Curriculum Introduction

Overview of Module Objectives and Activities

Curriculum Modules

Module 1: What’s Involved in Making a Decision?
Builds students’ decision-making skills and ability to make wise choices, also facilitates rudimentary life/career planning skills

Module 2: What do I Need to Know about Myself?
Cultivates enhanced student self-awareness, essential for career development. Students complete various formal and informal assessments to develop a clearer picture of themselves

Module 3: Where Can I Find the Information I Need and How Do I Use It?
Teaches students how to access, evaluate and use quality career information resources to learn more about occupations, training programs, schools, scholarships and jobs

Module 4: How Do I Choose a Major?
Helps the conflicted student select a major or training goal

Module 5: What Are the Future Forecasts for Jobs that Interest Me?
Helps students learn to access, evaluate and interpret labor market information and put occupational forecasts in an appropriate context for career planning and decision-making

Module 6: How Can I Be Sure to Have the Lifestyle I Value within My Career?
Teaches students to understand the importance of lifestyle amid career planning processes, and teaches students about their “career anchors,” and helps students explore the value of leisure planning amid career development

Module 7: Where Can I Get Some First Hand Experience in an Occupation of Interest?
Teaches students the benefits of firsthand experience and some strategies and resources to secure this experience both on and off campus
Module 8: I’m Thinking of Changing Careers. Where Do I Begin?

Facilitates the change process for career changers or dislocated/displaced workers

Module 9: How Do I Conduct an Effective Job Search?

From informational interviews to resumes and interview thank you letters, this module contains an array of resources to help students conduct a successful job search

References

Addendum A: CIS SKILLS Worksheet